

# **The Promise of Surfing Rainbows Storybook**



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# The Storybook

Surfing Rainbows offers children some fun, simple ideas to help them grow up living a life they truly love.

Most adults read self-help books because they forget what they instinctively knew as a child. As we grow up we seem to forget or have it “educated” out of us. Naturally it is much better never to forget rather than to have to remember it again later, and this was the reasoning behind writing The Promise of Surfing Rainbows Storybook for children

In life, we do not achieve what we are capable of, we achieve what we believe we are capable of, and it is the thoughts we think that set up these beliefs. The positive messages within The Promise of Surfing Rainbows helps children think and affirm good thoughts about themselves and so they are setting up an empowering set of self-beliefs. Children will enjoy the fun stories within The Promise of Surfing Rainbows .

The gifts this book offers children include simple ideas on how to make sure they grow up: Living with trust rather than fear; hope and happiness rather than disappointment and sadness; high rather than low self-esteem; and enjoying more love, rather than dwelling on anger, hurt or loneliness. Surfing Rainbows also set the foundations of positive self-expression and encourages more inspiration to flow, so that no matter

what the child's current education or current circumstances they soon understand that they can grow up and experience the success and joy of living a life they truly love.

The Promise of Surfing Rainbows storybook is a 100 page, beautifully illustrated storybook in full colour. It was created for young people, but is also enjoyed by many adults. The seven memorable life-enhancing stories reveal how to grow up enjoying success in every area life. This storybook is a tender, loving magnificent gift to give children to offer them a wonderful start, or new start, in life.

## Synopsis

The story opens with the quest of two children who come from a family that was always struggling to make ends meet in their small flat in the city. The children had taken it upon themselves to contact the legendary singer, Sophia Rose, who had risen from the depths of poverty to reach world fame, immense wealth and popularity. It seemed a far-fetched idea at the time but John and Maggie sent the singer a letter.

They were amazed when Sophia Rose answered and invited them to visit her. When they meet the great lady, she changes their world forever by revealing to them what was behind her success... the story of Surfing

Rainbows. There have always been rainbows that appear in the sky; beautiful, coloured arcs of light that form when sunshine hits the drops of water as the rain falls. There are other rainbows, very special rainbows, which are the home of some fascinating creatures, each of whom bears the colour of its part of the rainbow. These Rainbow Surfers, as they are called, slide down their rainbow to set out on a journey into that part of the world we cannot see, hear or touch in the usual way. Yet, we know this world exists, because these Rainbow Surfers live in each of us.

The Rainbow Surfers are taken in their LightShips on the River of Life towards The Promise at The Krystal Kavern. A LightShip automatically heads towards good experiences when its passenger feels good but turns to head towards bad experiences when its passenger feels bad. The better or worse the passenger feels, the faster the LightShip sails, whether those good or bad experiences are wanted or not!

## CHAPTER



# Passing The NotSoSure Shop

The main character in Chapter One is Clay the Badger, who represents the first chakra, which when in balance is all about living with trust, rather than living in fear. Clay the Badger is not keen on change; she is frightened of the unknown and therefore is often rooted to the spot, even when there is something much better just around the corner. As the group of Rainbow Surfers set out, Clay the Badger finds it hard to let go of her fears to even begin the journey. She is so afraid to trust that she will be all right that she hides in the NotSoSure Shop.

After talking with the shop assistants who put a damper on the little enthusiasm she had, she grows even more insecure and anxious about making the trip down the River of Life. Try as she might, she cannot let go of her fears. After a disastrous beginning, Clay eventually learns how to TRUST her feelings and this gives her the confidence to step boldly towards her desires. She joins her friends as they sail off down the river towards the next jetty. From there they go inland where they follow shaded pathways until they arrive at the colourful gardens of The Parrot's Paradise.





## CHAPTER

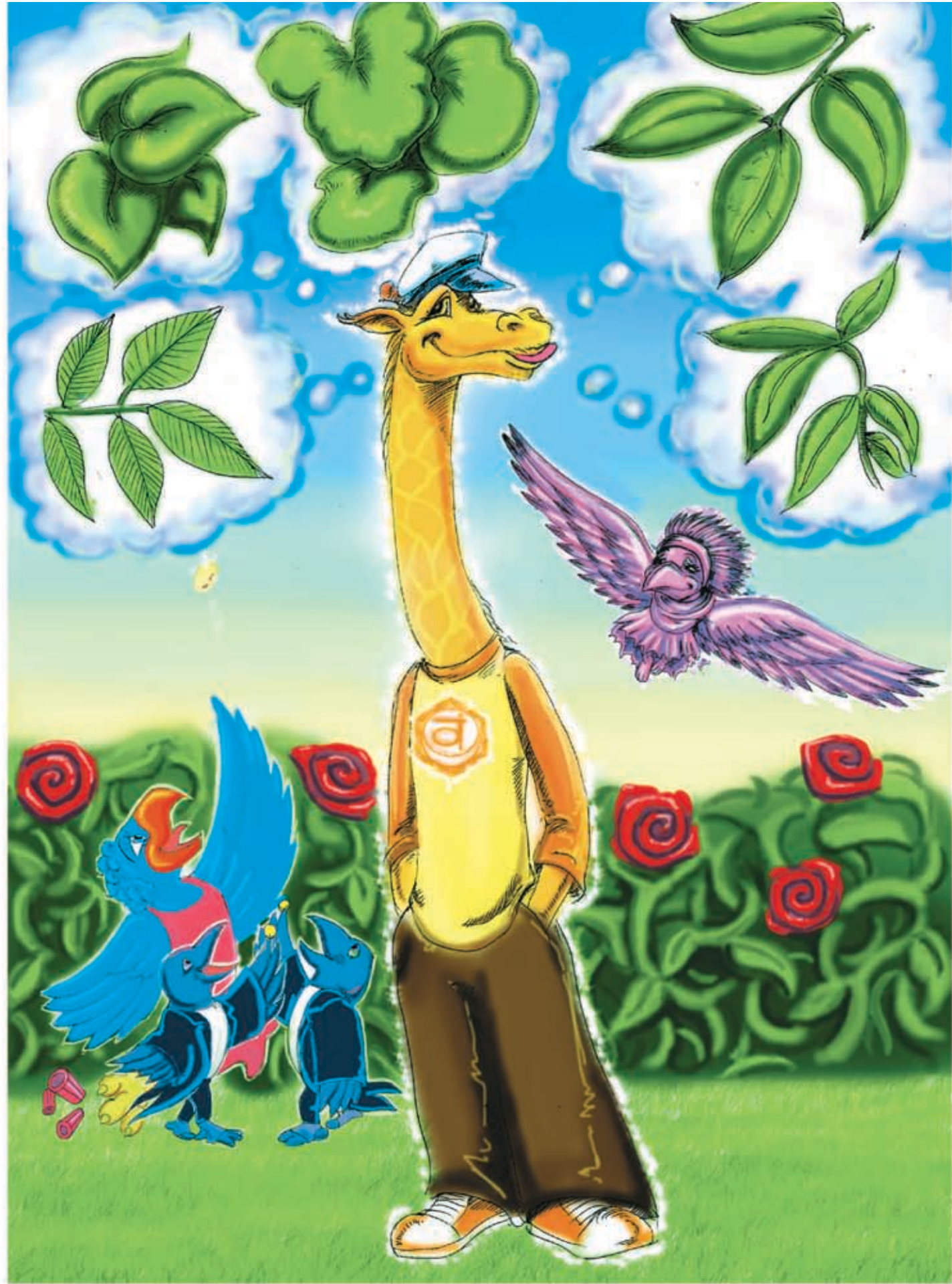


# Flipping The Parrot's Coin

The main character in Chapter Two is Sunny the Giraffe, who represents the second chakra, which when in balance is about living a life of joy rather than one of sadness. On the way to The Parrot's Paradise, Sunny the Giraffe plods aimlessly along behind the rest of the group with his head in the clouds. He tends to wander through life, setting his sights on nothing in particular to avoid any disappointment. Iris the Butterfly encourages Sunny to raise his expectations, and to let the Navigator guide his LightShip to whatever would give him JOY, as that



would give his life a lot more meaning and fun. At The Parrot's Paradise, the Rainbow Surfers are introduced to the coin tossing game between Polly the Parrot's squad and a team of Magpies. Toss a coin and only one side lands face up. Sunny the Giraffe starts to realize that it is the same with his desires; focus on what you want (the face-up side of the coin) and not on what you don't want (the down side of the coin).



## CHAPTER



# The Magnificent Mane

The main character in Chapter Three is Booster the Lion, who represents the third chakra, which when in balance is all about living with a healthy sense of self-worth. Booster the Lion has great physical strength but suffers from a lack of selfconfidence because he hates the way he looks. He settles for compromise rather than reaching for his desires because he usually thinks he doesn't deserve them. As the group of friends leave The Parrot's Paradise and go back to the jetty, they set sail once again. This time they stop-start in their LightShips and struggle to stay in a straight line with each other, learning by trial and error that any negative feelings cause their LightShips to veer off





course. When Booster the Lion found himself going round and round in circles, he shouted out, “What’s going on! I’ve got a duff ship here!” The more annoyed he became, the more his ship took him the wrong way towards a dangerous waterfall. At a moment of crisis it dawns on him that because of his low SELFWORTH he has not allowed himself to have the things he wanted because he thought that he was not good enough to have them. He begins to appreciate that he is unique and amazing just the way he is. It’s at that moment that he starts to break the chains that have been holding him back. After a dramatic rescue, he sails on with his pals to The Fabfunfairground. From there they go on to Earthrocks at The Boogie Garden, where the cool music oozes out of the stones, and the Rainbow Surfers play in some wacky sporting events.

## CHAPTER



# Earthrocks at Boogie Garden

Minty the Crocodile wins one of the contests. He is the main character in Chapter Four and represents the fourth chakra, which when in balance is all about living with love; loving others, loving yourself and loving your life. Although Minty the Crocodile can be snappy when he feels defensive or over-protective, he has a heart full of love that he longs to share. As he is celebrating the fact that he won the contest, he meets a beautiful Lady Crocodile and instantly hopes to have her as a friend. Tongue-tied and shy, he is unable to talk to her. Minty's big lesson is to discover how to know if he has found a passing acquaintance, a genuinely trustworthy friend or LOVE amongst new friends.





## CHAPTER



# Views at Diva's Jungle

Shafts of sunlight seeped through the branches when the Rainbow Surfers left Earthrocks at Boogie Garden to go back to their LightShips. The next jetty was the stop for Diva's Jungle, which is where Chatty the Frog, who represents the fifth chakra grasps the benefits of SINCERE POSITIVE COMMUNICATION. Usually Chatty the Frog has a lot to say, gossiping about others and chatting about all her woes and the woes of the world. However, she comes to understand that rather than focusing on, and therefore inadvertently attracting more of what she does not want, she can benefit from focusing on what she does want instead. She grasps that when she feels good about whatever she is expressing,

it attracts more positive experiences back for her to enjoy, rather than more bad ones. Chatty the Frog remembers a couple of things that Iris the Butterfly told her: “When you change how you look at something, you change how it feels to you. If you have happy thoughts, you’ll experience more happiness. If you have loving thoughts, you’ll experience more love, if you have healthy thoughts, you’ll experience greater health and if you have angry thoughts then you’ll experience more anger. Each of us sees a different world, and our world is a reflection of who we are. Change our focus and we change our world...we change THE World!” Chatty the Frog realized that if she continued to think about her frustrations, then she would certainly end up becoming even more frustrated. It hit her that at every single moment she had the choice of what she could think about. She looked up, looked left, looked right and then looked down again. Then she turned around and looked behind her. She was in exactly the same spot, but she had a new and different point of view, in more ways than one!





## CHAPTER



# The Cocoon

Later on, at The Dragonflies' Silver Grotto, where gemstone-covered silver fruit was ripe and ready for picking, Iris the Butterfly is asked about the time when she was a caterpillar. Iris represents the sixth chakra, which when in balance is about leading an inspired life. She remembers that she never let go of her desire to become a butterfly, even though the other worms and bugs on the ground told her that her dreams were too big and she would never fly. When she was ready to make her cocoon, she never stopped loving herself just as she was, while still keeping her mind fixed on what she wanted to become... a beautiful butterfly. She explains that when you take some time out to relax you

switch off your mind, and so switch on your connection to your feelings, this is what allows INSPIRATION to flow. When it was time for her to leave her cocoon, she felt her wings lift her off the ground. It was the best feeling ever – even better than she had imagined it would be!





## CHAPTER



# The Krystal Kavern!

Pearl the Hawk is the main character in Chapter Seven. She represents the seventh chakra and is enlightened. She lives in the moment, enjoying herself on her journey to achieving each of her never-ending stream of unfolding desires. As the friends travel to many more exotic places, they grasp that living with trust, joy, high self-worth, love and positive communication results in being inspired and enlightened. These keys to a happy life lead them to a clearing inland where they find a magnificent building with great marble towers that shine in the morning sun, and it is there that they are invited to enter The Krystal Kavern. The Rainbow Surfers are stunned, hardly able to contain their



excitement because it was at The Krystal Kavern that they discovered what they had been looking for...The Promise of Surfing Rainbows...



The Promise of Surfing Rainbows has more than 20 inspiring endorsers. Here is what some of them are saying:

**“The Promise of Surfing Rainbows helps set a foundation for life skills...I recommend these positive and affirming books for the children of our clients when they are going through a divorce”**

*Quote by Fiona Read: Member of the UK's Lord Chancellors' Child Abduction Panel, and partner in the Family Law department at Russell-Cooke; a Top-100 legal firm. [www.russell-cooke.co.uk](http://www.russell-cooke.co.uk)*

**“The Promise of Surfing Rainbows shows how hope can be converted into reality. It will inspire young people in the way that Dorothy did in the Wizard of Oz to the characters she met on the Yellow Brick Road.”**

*Quote by Tim Griffiths: Deputy Headmaster of Rickmansworth School, Hertfordshire, England. Rickmansworth is a Secondary School, providing education to boys and girls aged 11 to 18 of all academic abilities.*